

Professor Fraser Watts

has a long-standing interest in the links between spirituality, theology and health.

He is a clinical psychologist and was a Lecturer in Clinical Psychology at the University of London and Principal Psychologist at King's College Hospital, London. Later he founded and led a research group working on cognitive psychology and emotional disorders at the MRC Applied Psychology Unit in Cambridge. In the British Psychological Society he was Chair of the Clinical Division and later President.

In 1994 he moved to the Faculty of Divinity in the University of Cambridge as Lecturer, later Reader, in Theology and Science. He and founded and led the Psychology and Religion Research Group, working on both the interface between psychology and theology and the psychological study of religion.

He is now Visiting Professor of Psychology and Religion at the University of Lincoln, Executive Secretary of the International Society for Science and Religion, Director of the Cambridge Institute for Applied Psychology and Religion, and Hon. Secretary of the BPS History and Philosophy Section.

His latest book, *Psychology, Religion and Spirituality: Concepts and Applications*, will be published by Cambridge University Press early in 2017. He is currently working on a book on *Embodied Spirituality: Psychology, Religion and the Body*, to be published by SCM Press. For other books see his Amazon page <https://www.amazon.co.uk/Fraser-Watts/e/B01NBL2RQX>

He has given seminars as part of the project on

Spirituality as an Integration of Religion and Psychology
<https://www.youtube.com/watch?v=6gJ5ziVO88Y>

Varieties of Emotion: Basic and Complex
https://www.youtube.com/watch?v=M4ZsC_IaAfM

On 11th May 2017 (4.30 pm) he will give a seminar on
Hope and Optimism: Theology, Psychology and Mental Health

His personal website is
www.fraserwatts.co.uk